Y6pro
Smart Bluetooth bracelet
User’s Manual

Please read the instructions before use.
Product Appearance Instructions

1、Switch machine

1）Boot: Press and hold the touch button for about 5 seconds to boot (If the long press fails to boot, please confirm whether the battery has no power)
2）If the battery is dead, please use the matching charging cable for charging, and then power on(Charging time of about 2.5 hour, to ensure good contact charging. Please ensure that the metal contacts are free of dirt, oxidation and impurities.)
3）Shutdown: Enter the bracelet setting menu → touch button to switch to the shutdown interface → long press for 3 seconds to confirm the shutdown.

2、Connect APP binding

1）Android users in the mobile app store/ iPhone users in the App Store search for "Hey Band" or scan the right QR code to download and install the app.

(iphone device support: IOS9.0 and above versions of iPhone4S models, Android devices compatible with 4.4 and above, Bluetooth support 4.0 mainstream smartphones)

2）After downloading the registration app, open the phone Bluetooth and open the device management interface in the APP.
Click on "Bind Management" → "Bind New Device". After the mobile phone Bluetooth search to the bracelet prompt, you can bind. Starting with "Y6pro" is the device name of the bracelet (see the left figure below).

3）Unbind: To remove the device after the device is connected, you can "unbind" in APP choice

   After the iPhone device deletes the bracelet, enter the phone's setup menu → Bluetooth settings. Select "Ignore this device" to completely remove the bracelet connection. At the same time, the information notification content pushed by the iPhone will not be received.

4）Wearing instructions:
Remove the bracelet and adjust the size of the wrist according to the adjustment hole and fasten the buckle. Let the sensor stay close to the skin, Wear solid avoid affecting heart rate monitor effect. Raising his hand or wrist can rotate bright screen.

4）Menu function introduction

Main interface: Date/Time/Power/Bluetooth Status/Quick Display

The user can customize the background image through the APP, long press to switch the style, short press to enter the menu
<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step count</td>
<td>The number of steps displayed that day movement / calories / mileage</td>
</tr>
<tr>
<td>Calorie</td>
<td>Short press: enter the next interface</td>
</tr>
<tr>
<td>Sleeping</td>
<td>Display the last sleep time, long press to enter the sleep analysis interface</td>
</tr>
<tr>
<td></td>
<td>Short press to enter the next interface / return to the main interface</td>
</tr>
<tr>
<td>Heart rate</td>
<td>Display the latest heart rate monitoring results, long press to open manual monitoring</td>
</tr>
<tr>
<td></td>
<td>Short press: Exit, enter the next interface</td>
</tr>
<tr>
<td>Blood pressure</td>
<td>Display the latest blood pressure monitoring results, long press to open manual monitoring</td>
</tr>
<tr>
<td></td>
<td>Short press: Exit, enter the next interface</td>
</tr>
<tr>
<td>Sport mode</td>
<td>Running/exercise/cycling/walking/swimming/swing, Short press is the switching mode, press and hold again to start monitoring/exit. Press short: go to the next interface</td>
</tr>
<tr>
<td>Information</td>
<td>Long press to display the information content of the push, flip the page to view</td>
</tr>
<tr>
<td></td>
<td>Short press: enter the next interface</td>
</tr>
<tr>
<td>Setting</td>
<td>Press and hold the button for 2 seconds to start measurement, Press 2 seconds again to end measurement</td>
</tr>
<tr>
<td></td>
<td>Short press: enter the next interface</td>
</tr>
</tbody>
</table>

5. **Heart rate and blood pressure monitoring instructions:**
   (Note: Heart rate blood pressure oximetry data for reference only, not for medical use)

   1) Please keep your body stopped when testing, sit still, Otherwise, the heart rate measurement time will be prolonged or no data will be detected. If the measurement data is quite different, take a break and re-measure. The average
value obtained by continuously measuring 5 times will be more accurate.

2）The product real-time dynamic heart rate measurement, Therefore, the heart rate values will be different when talking, eating, drinking, etc. Everyone's measurement process time will be different, please refer to the actual results.

3）Make sure that the bottom of the heart rate sensor is not dirty, skin color, hair density, tattoo, scarsAnd the lower temperature environment will affect the results of the test.

4）The heart rate blood pressure detecting device is based on the principle of PPG measurement. Therefore, its accuracy may vary depending on physiological factors that affect light absorption and reflection. (blood circulation, blood pressure, skin condition, and vessel position and density, etc.). When the measured heart rate blood pressure is extremely high and extremely low, the measured value is not accurate, please re-measure.

5）Long-term measurement may cause fever, in case of discomfort, please remove it until the device is cooled before wearing.

6）Call reminder / message push

APP-side custom information push selection. Android users use the accessibility feature to notify the "HeyHand" device message to open the service. The iPhone system only needs to be paired when the APP prompts for a Bluetooth pairing request. (Note: The phone Bluetooth disconnect batter and the background software is not running will result in no message to remind, Phone screen when the screen is bright or when the computer QQ will cause the phone did not receive the message push reminder)

7）Charging

Take out one end of the matching charging cable and suck the charging contact on the bottom ring of the bracelet. Do not operate or move the bracelet to avoid affecting charging.

The USB port can be charged with a 5V voltage adapter or a linked computer.
8）Precautions

1. Bracelet theoretically supports the operating system IOS9.0 above, Android4.4 version and above, with a Bluetooth 4.0 phone or tablet device, not all mobile device models, the specific subject to the actual.
2. This product is a precision internal parts, do not disassemble the machine, the product falls and the impact of hard objects, or cause surface abrasion, hardware damage or hinder the product warranty。
3. Do not throw this product into or in the fire and high temperature environment, so as not to cause an explosion.
4. In a strong static environment, the bracelet may malfunction, for example, display abnormalities, etc. and should not be used under high pressure and high magnetic environment to avoid electrostatic interference。
5. This product water-resistant conditions only for cold water condition, hot water may cause white fog appears in the lens as well as the impact of clear display, hot water temperature is not conducive to battery maintenance. When the appearance of the machine is waterproof, if the appearance of violent disruption or other damage caused by damage will easily lead to waterproof failure.
6. Moisture after the product, please promptly clean the charging point of contact before charging, otherwise it will lead to failure, corrosion charging contacts.
7. This product battery life by the use of the environment and the use of changes in the mode of change.

9）Bracelet use common problems

1）Bluetooth can’t be connected?
（1）Make sure whether the mobile phone supporting(The mobile phones or tables of IOS 9.0 and Android system 4.4 and above, with bluetooth4.0)
（2）Due to the presence of signal interference in Bluetooth wireless connections, each connection may vary over time, and if it is not connected for a long time, make sure that the operation is performed without or without Bluetooth interference.
（3）Turn off bluetooth and turn on again.
（4）Restart the phone's application or restart the mobile phone.
（5）Do not connect to other Bluetooth devices or functions at the same time.
（6）Ensure the application is turn on and working

2）Can't find the bracelet
For the device Bluetooth broadcast has not been searched by the phone, please ensure that the device is in power, and activated state, and has not been connected
to other mobile phones. Then, make the device close to the phone, if still invalid, please turn off the phone bluetooth, interval 20 seconds, then restart the phone bluetooth.

3.) Whether bluetooth connection should stay on? If there is data when turned off?

Before synchronizing data, movement and sleep data are reserved on the wristband host. When the mobile phone and the Q6 Bluetooth connectivity is successful, the bracelet data will automatically upload to the mobile terminal. But the bracelet can store about 1 weeks of data, when the space is full, the system will cycle automatically cover the earliest data. So pay attention to synchronizing the data to the device.

Note: Bracelet phone, messages function support online only, clock support offline.

4.) Why APP’s distance, calorie value are different with bracelet?

For each person’s physical mechanism are different, the calories consumption and data of movement is inconsistent, so users should first set up personal information, synchronization to the bracelet, and then look at the movement of data.

5.) Why can not charge?

（1）Make sure if the direction of the charging clamp is correct and if the charging clip is in good contact with the device?

（2）When the main battery is less than 3.6V, there will be a period of battery pre-charge time.

Note: Usually plug in charger charging, after 3-5 minutes can enter the normal state of charge.

**WARNING:**

This product is not a medical device, the brain and its application should not be used in diagnostics, therapy, or protection of diseases, diseases, or otherwise to be changed habits, special personnel, to avoid causing serious injuries. Our company reserves the right to modify and improve any function described in this manual without prior notice. At the same time, our company reserves the right to continuously update the product content.